



Home Visitation & Support **Great Childhoods begin at home.**

Healthy Families America® (HFA®) is a national home visitation program that provides expectant and new parents the education and support they need from pregnancy and through the first three years of their child's life. This no-cost, voluntary program is available to parents who live in Del Norte County and Tribal Lands. Services are available to you if you are pregnant or parenting an infant under 3 months at the time of enrollment.



HFA® Participants Can Expect:

-  Child Development Information
-  Family Goal Planning
-  Prenatal and Parenting Education and Support
-  Parent-Child Activities
-  Community Resource Connections
-  Family Relationship Building

Our Approach and Process:

HFA® services are personalized, allowing us to support your family's unique circumstances and your child's individual development.

Things to Know:

- These services are always voluntary.
- After reaching out, HFA® staff will contact you to learn more about your current family needs and strengths.
- If you choose to participate, HFA® staff will work with you long-term, providing support through every stage of your child's early years.

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Our no-cost, voluntary program is here to partner with you to help build the foundation for your child's healthy development.

Support is available. Call 707-464-0861 or email us at healthyfamilies@dnco.org

